



## THE 4C'S PROGRAM: OUR SIGNATURE CURRICULUM

### *21st Century Academics and 18th Century Traditions*

Linden Hall provides a 21st century educational experience distinctively offered within the time-tested values and enduring traditions of the oldest (1746) girls' boarding school in the nation. By melding a bold vision of the future with an unsurpassed history of success, Linden Hall individually crafts an educational program for each student.

### *Curriculum*

*"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence." – Abigail Adams*

Linden Hall is dedicated to providing multiple levels of curricular sophistication (College-preparatory, Honors, and Collegiate) to ensure that every student is appropriately challenged by a course of study designed for each individual girl.

- Rigorous Curriculum, offering College-preparatory, Honors, and College-level (AP – Advanced Placement) classes with schedules customized for each student
- Emphasis on writing skills with a required class in Composition
- Specific SAT I training
- Focused, in-class preparation for SAT II tests in at least four subject areas: Math 1 or Math 2, American History, Biology, and Spanish or French



- 21st Century Technology Program, including Electronic Whiteboards (SmartBoards), Graphing Calculators, and Computer-based science equipment.
- Individualized College Counseling

Thoughtful blending of the following four tenets produces a learning experience that best prepares students for the leadership opportunities of this century in a manner that is singularly unique. We invite you to join our community and experience the difference the 4C's can make in the life and future of your daughter.

### *Character*

*"Character is how you behave when no one is looking." – Robert Coles*

While many schools speak of character development, Linden Hall offers a formal Character Program designed to provide not just an education *of* value, but an education *in* values.



- Personal Development Program (PDP): a program of community service and cultural education focused on activities, service, and learning outside the classroom
- Weekly, non-denominational Chapel Service featuring spiritually based readings and 12th-grade students delivering reflective chapel talks
- Studies in Comparative Religions and Ethics
- Active participation in the National Honor Society
- Blue & White Competitions: Building Teamwork Orientation, Leadership Skills, and Community Interactions
- Gold Four: A Recognition Program for students demonstrating excellence in Character, Civic-mindedness, Co-curricular Activities, and Social Skills

# Culture

*"Illusions are art, for the feeling person, and it is by art that you live, if you do."* – Elizabeth Bowen

Linden Hall offers young women opportunities to grow via a wide variety of artistic endeavors. On a campus set in bucolic Lancaster County in the center of the quaint and historic town of Lititz, students experience a rich geographical and cultural variety through a globally diverse student body, opportunities for national and world travel, and trips to local centers of artistic renown.

- Performing Arts Program: Drama, Chorus, Instrumental, Dance, Hand Bells
- Visual Arts Program: Digital Photography and Film & Video
- Creative Arts Program: Drawing, Painting, Ceramics, and Foundation Art
- Advanced Placement Courses in Art History and Studio Art
- Scholastic Art and Photography Award Winners
- World Language program structured toward conversational fluency
- ESL (English as Second Language) Program
- Off-campus cultural events: Foreign travel; Weekend travel to NYC, Philadelphia, and Washington, DC; Fulton Theater Events
- Japanese Student Exchange Program, Study Abroad Program in Spain
- Student Body featuring geographical, cultural, ethnic, and socioeconomic diversity



# Conditioning

*(Fitness & Well-being)*

*"A wise man should consider that health is the greatest of human blessings..."* – Hippocrates

Through an expansive program of instruction and activity, Linden Hall girls are trained in nutrition, cardiovascular and strength exercise, and teamwork and sportsmanship in an effort to engender life-long habits of health and well-being.



- Athletics Program, including Riding Program
- Dietary instruction by a certified nutritionist
- Cardiovascular and strength training by a certified instructor
- Pilates, Aerobics, Yoga, and Kickboxing offerings
- Daily meals planned by a nutritionist
- Well-equipped, modern fitness room
- Naturally lit, expansive Dance Studio
- Cardiovascular conditioning: Annual "200-mile Club"

*We invite you to visit our historic campus to experience first-hand why we believe Linden Hall to be a rare jewel in American education: an extraordinary meeting of the timeless and the innovative, of security and growth, of nurture and challenge, all within a caring community where young women learn to ask questions, take risks, and become leaders.*